



ViTATiiM

Adult educator' role in a new reality

Cyprus, 23.10. – 30.10.2023

23.10.2023 Paphos

10.00 Introduction to the programme, getting to know each other

11.30 Coffee break

12.00 Learning objectives. Steps of the programme.

12.30 Context of the training: challenges of the post-pandemic world (mental health issues, vulnerability, AI, etc.)

Our roles in a new reality: how to support ourselves and the learners

13.30 - 14.00 VitaTiiM/Vestifex example

24.10.2023 Paphos

10.00 Person-centred and holistic approaches

11.30 Coffee break

12.00 Me as a and Learner and as an Educator

13.30 - 14.30 Mental health and learners' wellbeing support

20.00 Cypriot traditional evening

25.10.2023 Limassol

Study visit to Limassol Adult Education Centre

Outdoor learning programmes of Cyherbia Botanical Garden

26.10.2023 Protaras

09.00 – 09.45 Sustainable leadership in education

10. 00 - 14.00 Mindfulness in educators' work

14.30 – 16.00 Working out projects for the participants' organisations (*location and exact timing is on participants' choice*)

27.10.2023 Protaras

06.00 Sunrise hiking (optional)

10.00 - 11.30 Co-vision as a method to develop your professional competence and support colleagues and learners

12.00 – 14.00 Art-therapy and embodiment in education

28.10.2023 Protaras

09.00 – 12.00 Outdoor learning programme in Cape Greco

12.00 – 14.00 Outdoor learning programme in Aya Napa

29.10.2023 Protaras

10.00 – 13.30

Working on individual toolboxes (methods and tools to take back to work).

Presentation of individual toolboxes.

Reflection and finalising the programme

30.10.2023 Larnaca, Limassol, Paphos

12.00 Visiting American Academy Larnaca

Visiting Prosvasi NGO (centre for working with people with disabilities) in Limassol

Accommodation in Paphos

Contact: jelena@vitatiim.ee , +3725120998